



Philippine Nurses Association of America, Inc.
Philippine Nurses Association of America Foundation, Inc.
A 501 (C3) Organization
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www.mypnaa.org www.mypnaafoundation.org



PNAA/PNAAF Heal Our Nurses Project
COVID-19 Task Force

The Philippine Nurses Association of America and the Philippine Nurses Association of America Foundation, Inc. initiated the COVID-19 Task Force with the goal of assessing the overall state and well-being of our members and the impact of the pandemic to our nursing profession and the public.

The task force gathered the lived experiences of our frontline staff from different regions and chapters. The overall feedback matched descriptions of individuals who experienced psychological trauma associated with loss of lives and feelings of helplessness. Some of our members reported exposure to COVID-19, being on quarantine and demands for and lack of personal protective equipment. Feelings of fear, uncertainty, pain of seeing fellow nurses/family members admitted in critical care units and grief are a common theme.

The task force understands the immediate need to provide psychosocial and emotional support to mitigate further stress and trauma to our nurses, their family and the community.

PNAA is reaching out to individuals, groups and companies like you to support the HEAL Our Nurses Project. This project encompasses critical, intermediate and long-term interventions through programs that can help our nurses through the healing process. A comprehensive description of the program is on our website mypnaa.org. Please see attached for details.

We are appealing for your generous support in this fundraising campaign. Please consider supporting any of our programs that will resonate and align with you and your company's values.

We hope that you will be together with PNAA in championing our nurses, our community and the overall public in the fight against COVID-19. Your generosity will have a great impact to many of our nurses who continue to do what we do best – caring and saving lives.

We look forward to your support.

Sincerely,

Mary Joy Garcia-Dia, DNP, RN, FAAN
PNAA President-elect, 2018-2020
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CC: Madelyn Yu, MSN, RN
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